

School Dance Styles

Ecole de Danse

I SHOWED YOU THE DOOR

Count: 64 Wall: 4 Level: Intermediate

Choreographer: Ria Vos (NL) - January 2024

Music: The Door - Teddy Swims

Intro: 32 Counts

Heel Grind, Behind Side, Cross Rock, Chasse

- 1-2 Heel Grind R Over L, Step L to L Side
- 3-4 Step R Behind L, Step L to L Side
- 5-6 Cross Rock R Over L, Recover on L
- 7&8 Step R to R Side, Step L Next to R, Step R to R Side

Cross, ¼ L, Rock Back, Full Turn R, Step Scuff

- 1-2 Cross L Over R, ¼ Turn L Step Back on R (9:00)
- 3-4 Rock Back on L, Recover on R
- 5-6 ½ Turn R Step Back on L, ½ Turn R Step Fwd on R
- 7-8 Step Fwd on L, Scuff R Next to L

Jazz Box Cross ¼ R, Kick, Behind, Side, Cross

- 1-2 Cross R Over L, ¼ Turn R Step Back on L (12:00)
- 3-4 Step R to R Side, Cross L Over R
- 5-6 Kick R to R Diagonal, Step R Behind L
- 7-8 Step L to L Side, Cross R Over L

Swivels L, Hitch, Side, Hitch ½ L, Side, Scuff

- 1-2 Step L Next to R, Swivel Heels L
- 3-4 Swivel Toes L, Hitch R
- 5-6 Step R to R Side, Hitch L Turning ½ L (6:00)
- 7-8 Step L to L Side, Scuff R Next to L

***Restart Point

1/8 L Step, Lock, Step Lock Step, Rock Fwd, Back, ¼ L Point

- 1-2 1/8 L Step Fwd on R, Lock L Behind R (4:30)
- 3&4 Step Fwd on R, Lock L Behind R, Step Fwd on R
- 5-6 Rock Fwd on L, Recover on R
- 7-8 Step Back on L (dip down) ¼ L, Point R to R Side (come up) (1:30)

Cathy MERIOT - Choréographe / Instructor

106 I chemin des Jardins

83920 LA MOTTE en PROVENCE

tél : 06.61.17.10.82 courriel : cathy.meriot83@sfr.fr

www.schooldancestyles.fr

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Hip Bumps, ¼ R, Hitch ½ R, Back, Drag, Rock Back

- 1-2 Bump R to R Side, Bump L to L Side
- 3-4 ¼ Turn R Step Fwd on R, Hitch L into ½ Turn R (10:30)
- 5-6 Step Back on L, Drag R Towards L
- 7-8 Rock Back on R, Recover on L

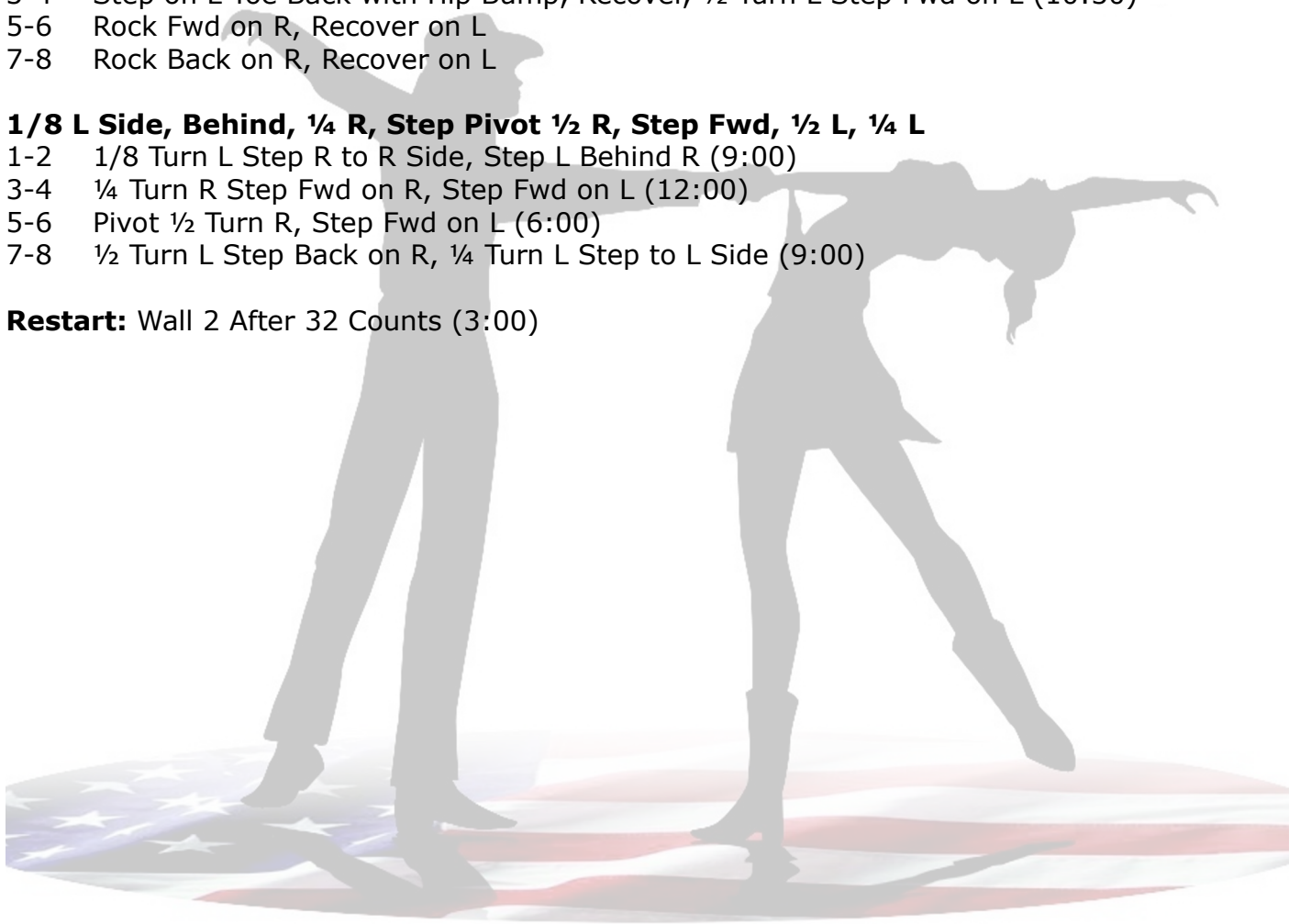
Hip Turn ½ L, Hip Turn ½ L, Rocking Chair

- 1-2 Step on R Toe Fwd with Hip Bump, Recover, ½ Turn L Step Back on R (4:30)
- 3-4 Step on L Toe Back with Hip Bump, Recover, ½ Turn L Step Fwd on L (10:30)
- 5-6 Rock Fwd on R, Recover on L
- 7-8 Rock Back on R, Recover on L

1/8 L Side, Behind, ¼ R, Step Pivot ½ R, Step Fwd, ½ L, ¼ L

- 1-2 1/8 Turn L Step R to R Side, Step L Behind R (9:00)
- 3-4 ¼ Turn R Step Fwd on R, Step Fwd on L (12:00)
- 5-6 Pivot ½ Turn R, Step Fwd on L (6:00)
- 7-8 ½ Turn L Step Back on R, ¼ Turn L Step to L Side (9:00)

Restart: Wall 2 After 32 Counts (3:00)



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